



National Newborn Week & World Premature Day- 2021



On account of the National New-born Week & World premature Day-2021 celebration at AIIMS Rishikesh, College of Nursing under the banner of IANN.

Date	Time	Activity	Venue
16 Nov 21	10.30-11 am	Poster Competition – open for all staff and students	CON, AIIMS, Rishikesh
17 Nov 21	3-4 pm	Quiz on New-born care including prematurity for Nursing Officers/ Residents/ Nursing students.	CON, AIIMS, Rishikesh
18 Nov 21	10 - 10:15 am	Welcome Address	Non COVID Screening Area
	10:15 -10:30 am	Unveiling of Theme	
	10:30 -11 am	Mass awareness programme: Mime on essential new-born care.	
	11 -11:45 am	Exhibition of posters & Mass Health Education Program	
	3- 4 pm	Webinar	Virtual Platform Hosting from CON, AIIMS, Rishikesh
20 Nov 21	10 -11: 30 pm	Hand holding skill practice:	Non COVID Screening Area
		Breast Feeding –Importance & techniques	
		Kangaroo Mother care	
		Expression of breast milk and preservation	
		Guidance & counselling Baby bath	
	12 - 12:30 pm	Prize distribution to winners (Quiz & Poster Competition)	CON, AIIMS, Rishikesh

Day1: Poster Competition – open for all staff and students:

On day 1 of the celebration, a poster competition was organized. The theme for the event was: Essential Newborn Care. Program was coordinated by Mrs. Malar Kodi S, Assistant professor, college of nursing, Mrs. Rupinder Deol, Associate Professor, College of Nursing, Dr. Sriparna Basu & Dr. Poonam Singh. A poster competition was open to all students, nursing officers and was held on 16 November in the College of Nursing. Posters were evaluated by judges from the college of nursing Mrs. Xavier Belsiyal & Dr. Sriparna Basu,

department of neonatology. The best 3 posters were selected and awarded certificates. Ms. Neetu Bajiya, Ms. Rajlaxmi & Ms. Ragini won the 1, 2nd & 3rd positions respectively.



Day-2: Quiz on New-born care including prematurity for Nursing Officers/ Residents/ Nursing students.

On day 2 of the celebration, a quiz on newborn care including prematurity for nursing officers & nursing students was organized at the college of nursing, AIIMS Rishikesh. Participants were selected via the online screening test for the quiz through google forms. Selected candidates are divided into 4 teams. The teams were named Phototherapy, Radiant Warmer, Incubator & Bag & mask ventilation. A total of 4 rounds were conducted for the teams, it was a cut-throat competition among the teams and all played enthusiastically during the quiz. The quiz was won by team bag & mask ventilation (BMV).

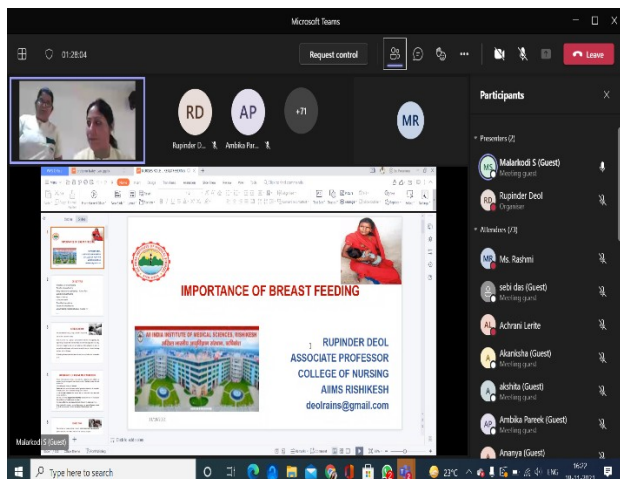
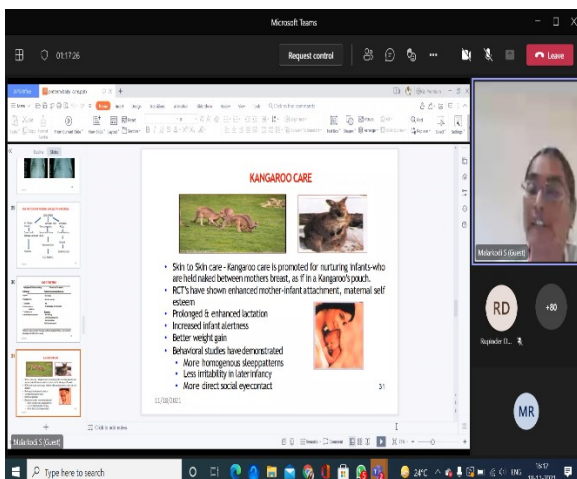
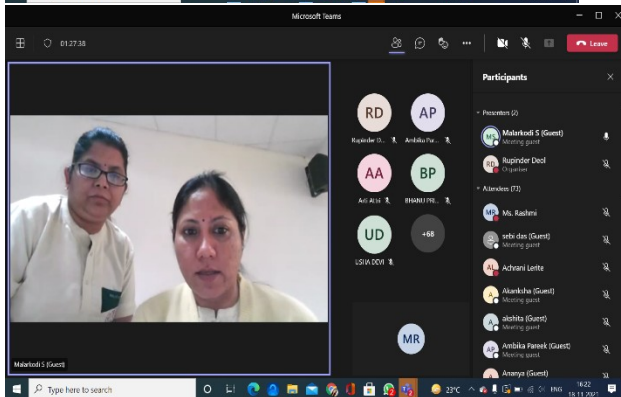
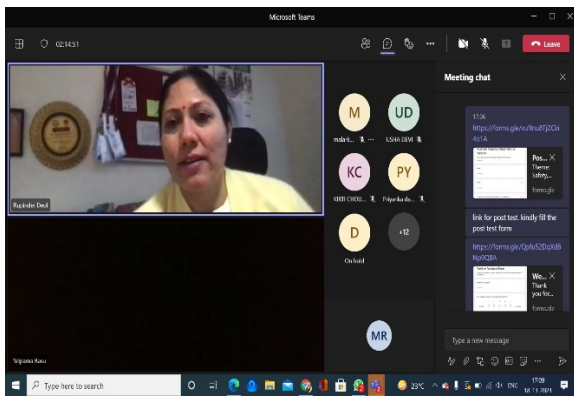


Day 3 Mass awareness program with mime, Exhibition of posters and webinar

On day 3 of the celebration, a mass awareness programme was conducted by the nursing students in the Non-COVID screening area, Hospital Block, AIIMS Rishikesh. The event started at 10:30 am with the unveiling of the theme & mime show by the students on essential newborn care. The mass awareness programme was followed by an exhibition of posters and mass health education for mothers & caregivers of the newborn. This event was completed with the interaction of the audience with the educators.

College of Nursing & Department of Neonatology, All India Institute of Medical Sciences had also organized National Virtual Webinar on the observance of National Newborn Week & World Premature Day 2021 on 18 November. The theme for the National Webinar was: Safety, Quality & Nurturing care: Birthright of every Newborn. Programme was coordinated by Mrs. Malar Kodi S, Mrs. Rupinder Deol. The eminent speakers from the college of nursing & the department of neonatology enlightened the participants on the care and management of preterm infants and the importance of breastfeeding.





Day 4: Hand holding skill practice:

On day 4 of the programme, College of Nursing, All India Institute of Medical Sciences, Rishikesh organized hand holding skill stations. Five skill stations were set up in the Non-Covid Screening area namely breastfeeding techniques and their importance, Kangaroo mother care, Expression of breast milk and its preservation, Guidance & counseling baby bath, and prevention of pneumonia in children. The general public was sensitized at the above-mentioned stations. The caregivers and mothers visiting OPDs have participated in the skill stations. Instructors at each station provided hands-on training and practice sessions to them.

